



Central Catholic High School  
4720 Fifth Avenue  
Pittsburgh, PA 15213

August 31, 2012

Dear Coach:

I am writing this letter to recommend Zack Troy to your program. Zack is a good student, great football player, and fine young man. Zack has been and will continue to be a key component of our offensive line in his senior year.

I was immediately impressed by Zack's maturity as a young starter on our nationally ranked team. His disciplined play at guard, as evidenced with no penalties taken, enables him to battle larger, division one recruits, and win the battle in the trenches.

His ability to take on these larger opponents is founded in his low center of gravity and core strength. He has the grit you will come to appreciate in any lineman of his ability. Zack Troy is a football player and that is where his athletic prowess truly shines. I only say this because his football ability is only one part of the young man I am recommending to you.

As you will see from Zack's grades, he does very well in the classroom. His focus on his schoolwork exemplifies his determination on and off the field. His football IQ is shown by making very few mistakes and even helping to teach the younger players.

Zack is a man of great character whom I would recommend to any coach looking for a great student/athlete. Please feel free to contact me with any questions you have regarding Zack. I can be reached on my cell phone at 412-370-3581. Thank you for considering him for your school and football program.

Sincerely,

Terry Totten  
Head Coach  
Pittsburgh Central Catholic High School